



## **Oak and Lily Academy Sick Policy**

Our sick policy is that your child must be kept home and not return to school until after 24 hours symptom and medication free from the following symptoms: fever (100°F or higher), a productive cough, green nose discharge, diarrhea, vomiting, rash anywhere on the body, sore throat, eye discharge, evidence of head lice, or any combination of these symptoms.

If you are called to pick up your child from school due to any of these symptoms, they will not be able to return the next day unless a note is provided by the doctor, or 24 hours after being symptom and medication free. If any of these symptoms are present at school, a parent will be contacted immediately. From the time of contact, your child must be picked up within 1 hour.

Please have arrangements in place that allow you to pick up your child within the 1 hour timeframe.

### **Hand, Foot, and Mouth (HFM)**

All blisters must be popped and scabbed over with no fever (or fever reducing medication) for 24 hours before returning to school.

### **Covid-19**

If your child tests positive for COVID-19, they must be out of school for a full 5 days. If an individual in the house tests positive, we ask that you closely monitor your child for the onset of ANY symptoms. Please notify the office if someone in your household tests positive with COVID-19. The child may still attend school if a family member tests positive, but at the first sign of symptoms, the child will need to be kept at home.

### **Upper Respiratory Infections/RSV**

Your child may come back to school when they no longer have a fever (or fever reducing medication) for 24 hours and do not require any extra assistance (such as breathing treatments or small frequent feeds). Please be aware that this is a scary illness, and we want to prevent the spread as much as possible (especially in our younger classes).

## **Infuenza (Flu)**

Following flu diagnosis, please keep your child home until all symptoms have subsided for a full 24 hours (and fever reducing medication free for 24 hours).

## **Stomach Bug**

Please keep your child home with 3 or more diarrhea occurrences. If your child is vomiting, you must keep them at home until your child is vomit free for 24 hours.

## **Common Colds**

Excessive green discharge from the nose, excessive coughing or sneezing, shortness of breath are all reasons to keep your child home with a cold. Please do not send your child home until they are symptom free.

## **Conjunctivitis (Pink Eye)**

Pink eye spreads quickly within the classroom. At the first sign of discharge from the eye or redness of the white of the eye, your child will need to be picked up and checked by a doctor.

Upon diagnosis, your child will need to be on the antibiotic drops/ointment for a full 24 hours before returning to school.

We understand that this may differ slightly from doctor recommendations, but we have found this policy to be most effective in stopping the spread of illness throughout our school. It is most important to abide by these guidelines as closely as possible.

**\*\*Acknowledgement of this handbook is required on the registration paperwork for all students. \*\***

Oak & Lily Academy  
6801 Bridgeway Drive · Suffolk, VA 23435  
1200 Hodges Ferry Road · Portsmouth, VA 23701  
(757)488-0494